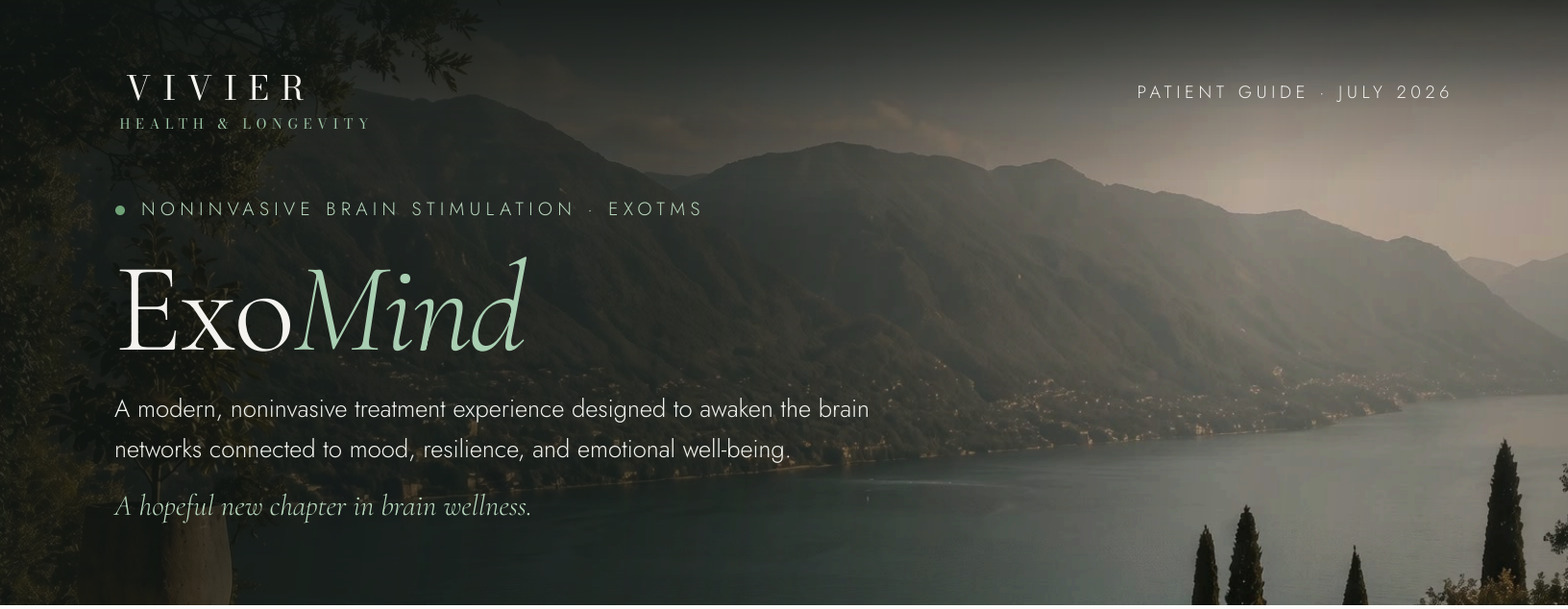

NONINVASIVE BRAIN STIMULATION · EXOTMS

ExoMind

A modern, noninvasive treatment experience designed to awaken the brain networks connected to mood, resilience, and emotional well-being.

A hopeful new chapter in brain wellness.

ExoMind uses **ExoTMS**, an advanced form of repetitive transcranial magnetic stimulation (rTMS), to gently engage targeted brain networks. In the United States, the underlying BTL system is FDA-cleared for adults with major depressive disorder who have not achieved satisfactory improvement from antidepressant medication in the current episode. Research is also exploring additional possibilities involving stress, focus, sleep, food cravings, binge-eating symptoms, and mental performance.

WHAT IS EXOMIND?

ExoMind is an advanced, prescription, noninvasive brain-stimulation experience. A treatment coil rests against the scalp and produces brief magnetic pulses. These pulses pass through the skull without surgery and induce small electrical currents in targeted brain tissue.

The experience is simple and comfortable: no anesthesia, no implanted device, and no routine downtime. Patients remain awake and can usually return to normal activities immediately afterward.

HOW DOES IT WORK?

- **Targeting.** The clinician identifies a treatment location and an individualized stimulation threshold.
- **Stimulation.** Repeated magnetic pulses influence the excitability of neurons in the selected cortical network.
- **Neuroplasticity.** Repeated sessions are designed to encourage healthier, longer-lasting communication among brain networks over time.

WHO MAY BENEFIT?

Adults ready for a new path forward

ExoMind may offer a meaningful next step for adults living with major depressive disorder who have not felt the improvement they hoped for from antidepressant medication during the current episode.

People drawn to gentle, noninvasive care

Treatment requires no anesthesia, no implanted device, and no routine recovery period — making it easy to integrate into everyday life.

Patients committed to meaningful progress

The best experience comes from completing the recommended series, sharing changes with the care team, and reviewing progress through thoughtful check-ins.

People interested in the future of brain wellness

Research is exploring how ExoTMS may support stress, focus, sleep, food cravings, binge-eating symptoms, and mental well-being. Vivier reviews these emerging uses individually and transparently.

A PERSONALIZED, WHOLE-PERSON APPROACH

01	02	03	04
Your journey begins with a thoughtful clinical evaluation and a clearly defined goal.	ExoMind can complement medication, psychotherapy, and other elements of a complete care plan.	For food-craving or metabolic goals, it can be paired with nutrition, movement, and medical care.	Progress and maintenance are personalized to your response, comfort, and long-term goals.

SEEK URGENT HELP

Seek urgent help now for suicidal thoughts, intent to harm yourself or someone else, severe agitation, psychosis, or an acute mental-health crisis. **ExoMind appointments are not emergency psychiatric care.**

What happens *during a session?*

An effortless, walk-in, walk-out experience created to fit beautifully into your day.

The ExoMind console and treatment applicator. Manufactured by BTL.

Under 30 min

TYPICAL EXOMIND TREATMENT-SESSION DURATION

Awake

NO ANESTHESIA OR SEDATION

No downtime

RETURN TO USUAL ACTIVITY IF YOU FEEL WELL

BEFORE THE FIRST TREATMENT

- Complete a medical, neurologic, medication, implant, and mental-health screening.
- Remove hearing devices, jewelry, hair accessories, and removable metal near the treatment area.
- Tell Vivier about any medication change, alcohol or substance use, sleep deprivation, new pregnancy, seizure, head injury, or new medical diagnosis.
- A clinician may determine a **motor threshold** — the minimum intensity that produces a small movement in a hand muscle — to personalize stimulation.

DURING THE SESSION

- You sit or recline while the applicator is positioned against the scalp.
- You will hear clicking and may feel tapping, tingling, pressure, or muscle movement in the scalp, forehead, face, or jaw.
- Intensity may be introduced gradually for comfort. Tell the team if discomfort becomes difficult to tolerate.
- You remain awake and are monitored. Hearing protection may be used according to the device protocol.

YOUR COURSE OF TREATMENT

YOUR COURSE	Your treatment series is thoughtfully selected around your needs, goals, comfort, and clinician's prescription.
DEPRESSION	The FDA-cleared BTL-995-rTMS depression protocol described in FDA materials includes **30 sessions delivered five days per week for six weeks** — creating a consistent rhythm that allows progress to build over time.
EMERGING EXOTMS RESEARCH	A 2025 open-label binge-eating study explored a **six-session series delivered twice weekly over three weeks**. This is encouraging early research that is helping shape future study — not an FDA-cleared indication.
CONTINUING CARE	After the initial series, your clinician may discuss taper, booster, or maintenance sessions designed around the durability of your progress and your evolving goals.

WHAT MIGHT I BEGIN TO NOTICE?

Improvement may be gradual, unfolding across the treatment series as subtle shifts in mood, motivation, sleep, daily function, resilience, or a goal selected with your clinician. *Vivier follows these meaningful changes over time so your progress can be seen, understood, and celebrated.*

Designed *around you*

A careful screening allows your Vivier team to create the safest, most comfortable, and most personalized experience possible.

DETAILS THAT HELP US PERSONALIZE YOUR CARE

- **Metal or electronic implants near the head:** cochlear implants, implanted hearing devices, deep-brain stimulators, cranial electrodes, aneurysm clips or coils, metallic fragments, plates, screws, or other conductive/magnetic material. Dental fillings and braces may be handled differently, but must still be disclosed.
- **Implanted stimulators or pumps:** pacemakers, defibrillators, vagus-nerve stimulators, spinal-cord stimulators, medication pumps, or other electronic implants require device-specific review.
- **Pregnancy or breastfeeding:** discuss potential risks, evidence limits, and alternatives with the treating clinician.
- **Uncontrolled or unstable illness:** acute neurologic illness, recent significant head injury, active intoxication or withdrawal, unstable cardiovascular disease, or another condition that may alter risk.

ADDITIONAL FACTORS WE THOUGHTFULLY REVIEW

- Personal history of seizure or epilepsy; brain tumor, stroke, traumatic brain injury, or other structural brain disease.
- Medicines or substances that lower seizure threshold, abrupt withdrawal from alcohol, benzodiazepines, anticonvulsants, or other drugs.
- Severe sleep deprivation, significant electrolyte or metabolic disturbance, fever, or acute systemic illness.
- Seizure is uncommon with appropriately delivered rTMS. Careful screening and protocol selection help the team minimize risk.

WHAT YOU MAY EXPERIENCE

COMMON / USUALLY TEMPORARY	Scalp discomfort, tapping or tingling, facial or jaw muscle movement, headache, lightheadedness, fatigue, or neck discomfort. Symptoms often improve as patients acclimate, but should always be reported.
LESS COMMON	Hearing discomfort if protection is inadequate; fainting; worsening anxiety, agitation, insomnia, or mood symptoms; and treatment intolerance.
RARE BUT SERIOUS	Seizure; acute mania or hypomania, particularly in a person with bipolar-spectrum illness; severe psychiatric worsening; or an unexpected device/implant interaction.

WHEN TO CALL

Contact Vivier promptly for a new or severe headache, fainting, marked agitation, new insomnia, racing thoughts, unusual risk-taking, rapidly worsening depression, or any new neurologic symptom. **Call 911** for a seizure, loss of consciousness, stroke-like symptoms, chest pain, or immediate danger to yourself or another person.

HOW VIVIER MEASURES PROGRESS

01	02	03	04	05
Document the treatment goal and baseline severity before the first session.	Use the same validated questionnaire or measurable outcome at planned checkpoints.	Review function as well as symptoms: work, relationships, sleep, activity, appetite, and quality of life.	Coordinate with the patient's mental-health prescriber or therapist when appropriate.	Continue, modify, or stop treatment based on response, tolerability, diagnosis, and evidence — not package completion alone.

A *science-led* future

ExoMind is built on decades of rTMS science, with new research continuing to explore its possibilities.

ESTABLISHED FOUNDATION

Repetitive TMS for depression. Decades of randomized trials and meta-analyses support rTMS as an evidence-based treatment for major depressive disorder, particularly after inadequate response to antidepressant medication. Outcomes vary by protocol, treatment resistance, targeting, and patient characteristics.

FDA clearance is indication-specific. The BTL-995-rTMS system was cleared through the 510(k) pathway for adult MDD after inadequate antidepressant improvement. Clearance should not be generalized to every symptom or promotional wellness claim.

EMERGING EXOTMS EVIDENCE

Binge-eating pilot study. A 2025 pooled, open-label study of 38 participants reported improvement in Binge Eating Scale scores after six ExoTMS sessions. The absence of a sham/control group, small sample, short follow-up, and potential conflicts limit certainty. It is promising early evidence, not proof of effectiveness or an FDA-cleared U.S. indication.

Ongoing research. Registered studies are evaluating ExoMind for mental well-being, sleep/stress, food cravings/self-control, and binge eating. Registration means a study is planned or underway; it does not mean the result is positive or that the use is established.

HOW TO INTERPRET CLAIMS

ESTABLISHED	EMERGING	EXPLORATORY	PERSONALIZED
FDA-cleared indications supported by replicated, controlled evidence for the relevant TMS protocol.	Promising prospective or open-label studies that invite larger, controlled research.	Ideas and real-world observations that may inspire future scientific study.	Your experience, followed through meaningful, measurable changes in symptoms and daily life.

CREATING YOUR PERSONALIZED VIVIER PLAN

- What would feeling better look like for me — greater calm, clearer thinking, improved mood, deeper sleep, healthier cravings, or renewed motivation?
- Which ExoMind protocol and treatment rhythm best support my goals?
- How will we recognize meaningful progress throughout my series?
- Could supportive services such as IV therapy, wellness injections, nutrition, movement, sleep support, or hormone and metabolic care complement my plan?
- Are clinician-guided peptide options appropriate for any of my broader wellness goals, and what evidence, benefits, and risks should we review?
- How can ExoMind work alongside my therapist, mental-health prescriber, medication plan, and daily wellness practices?

SELECTED REFERENCES & PATIENT LINKS

1. U.S. FDA. BTL-995-rTMS / BTL system 510(k) materials and indication for use (MDD after inadequate antidepressant response). Open source
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4. ClinicalTrials.gov. EXOMIND for improvement of mental well-being (NCT06899646). Open source
5. ClinicalTrials.gov. EXOMIND for sleep quality and stress (NCT07027657). Open source
6. ClinicalTrials.gov. EXOMIND for willpower, self-control, and food cravings (NCT07056036). Open source
7. ClinicalTrials.gov. EXOMIND / BTL-995 for reduction of binge eating (NCT06894615). Open source

VIVIER
HEALTH & LONGEVITY

Discuss ExoMind with *your Vivier clinician.*

(201) 475-4091
19–21 FAIR LAWN AVE, FAIR LAWN, NJ 07410